

# I support athletes in finding their own identity

As a former top tennis player and marketing producer of a prestigious investment company, I worked for years in the uncompromising world of performance, where I was constantly encouraged to look for more gentle ways to be better than my opponent or competition. Today, my mission is to gently navigate young athletes to find their own identity.

**Lead them first and foremost so that, thanks to the discovery of their inner qualities, they can successfully handle the pressure and be able to maintain the joy for their sport.**



## My work is based on:

- **30 years** of experience from the world of high-performance as a tennis player
- **20 years** of experience in the world of high-performance as a coach
- **7 years** of experience in the field of energetic psychology in the role of kinesiology therapist | One Brain Kinesiology – Three in One Concepts®
- **3 years** of experience in the field of family constellations
- **5 years of bachelor's studies** in Global Management, University of Southern California Los Angeles, USA
- **3 years of MBA studies**, in Management, State University of New York, New Paltz, USA
- **15 years of professional life** in Manhattan in New York on Wall Street and fluent English
- **16 years of experience** in the role of wife and mother of two daughters

---

#mentálníodolnost

#managementconsulting

#leadership

#changemanagement

---